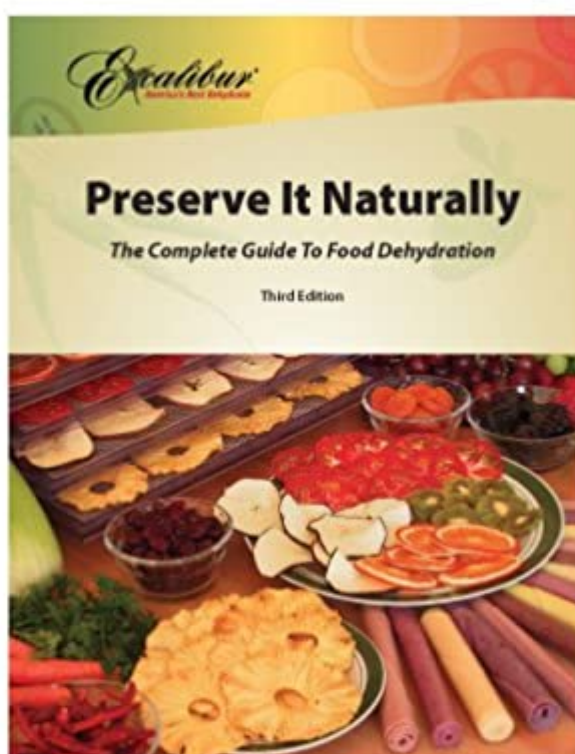


The book was found

Preserve It Naturally: A Complete Guide To Food Dehydration



Synopsis

4th. Edition - Softback - 8 1/2 x 11 - 192 pages - Full Color This is our New Edition complete with a Chapter on Raw and Living Foods and more Recipes... Recipes for raw foods, hot/cold appetizers, soups, salads, main/side dishes, sauces, beverages, desserts, snacks, trail mixes, breads, and more. Everything you wanted to know about dehydration and more can be found in this informative book. Chapters on fruits, vegetables, meats, fish, herbs, nuts, grains, dairy products, crafts, cake decorating, potpourri, sachets, macrame beads, dough art, wreaths, raw and living foods and much more.

Book Information

Paperback: 192 pages

Publisher: Prentice Hall; 3rd edition (February 2012)

Language: English

ISBN-10: 0835956067

ISBN-13: 978-0835956062

Product Dimensions: 8.5 x 0.5 x 11 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.5 out of 5 stars 51 customer reviews

Best Sellers Rank: #163,365 in Books (See Top 100 in Books) #29 in [Books > Cookbooks, Food & Wine > Kitchen Appliances > Dehydrators](#)

Customer Reviews

4th. Edition - Softback - 8 1/2 x 11 - 192 pages - Full Color This is our New Edition complete with a Chapter on Raw and Living Foods and more Recipes... Recipes for raw foods, hot/cold appetizers, soups, salads, main/side dishes, sauces, beverages, desserts, snacks, trail mixes, breads, and more. Everything you wanted to know about dehydration and more can be found in this informative book. Chapters on fruits, vegetables, meats, fish, herbs, nuts, grains, dairy products, crafts, cake decorating, potpourri, sachets, macrame beads, dough art, wreaths, raw and living foods and much more.

We got this to go along with our new Excalibur dehydrator, and it is great - complete guide and background into the dynamics of selection, preparation, and storing of dehydrated fruits, veggies, herbs, spices, meats, ...well, anything! It includes timings for various zones in the U.S. based on relative humidity as a means of helping you gauge how long each type of food might need to reach

full dryness, though of course seasonalities and other conditions affect it - which it discusses in detail. In short, a great reference guide.

Good book on giving times and temperatures to dehydrate all foods. Shows which fruits/vegetables are more a likely candidate to dehydrate. Gives a lot of helpful hints. If you purchase an Excalibur dehydrator, this is the book for you. It is written by those who make that dehydrator. Provides instruction on re-hydrating foods. Gives recipes also.

You will want this book if you are getting into food dehydrating. It's large size, the photos are beautiful, the instructions are easy to understand. A must-have for anyone who has purchased a dehydrator and isn't succeeding.

This is an excellent book that addresses just about everything you ever wanted to know about dehydrating food. They even have some gluten free recipes for crackers and a cookie that sounds very interesting. I recommend it.

This book is very comprehensive guide to dehydrating foods. It is about all anyone would need apart from a dehydrator to preserve and later utilize the dried food. It has helped us make good use of our dehydrator.

I received this book hoping it would help me. When I got the book I could not put it down. It is a great book with a lot of details. It takes you step by step and we love it.

lots of great information and recipes

Useful information and great recipes as promised. Helped me see more potential in my dehydrator.

[Download to continue reading...](#)

Preserve It Naturally: A Complete Guide to Food Dehydration Guide to Adirondack Trails: Eastern Region (The Forest Preserve, Vol. 6) (The Forest Preserve Series, Vol 6) Guide to Adirondack Trails: West-Central Region (Forest Preserve, Vol. 5) (Forest Preserve Series) Guide to Catskill Trails (Forest Preserve, #8) (The Forest Preserve Series) AMC Catskill Mountains Trail Map 1: Catskill Forest Preserve (East) and Catskill Forest Preserve (West) (Appalachian Mountain Club: Catskill Mountain Trails) Food Dehydration - The Ultimate Recipe Guide The

Complete Guide to Food Preservation: Step-by-step Instructions on How to Freeze, Dry, Can, and Preserve Food (Back to Basics Cooking) Food Truck Business: How To Start Your Own Food Truck While Growing & Succeeding As Your Own Boss (Food Truck, Food Truck Business, Passive Income, Food ... Truck Startup, Food Truck Business Plan,) Preservation: The Art and Science of Canning, Fermentation and Dehydration (Process Self-reliance Series) Fixation, Dehydration and Embedding of Biological Specimens (Practical Methods in Electron Microscopy) (Vol 3) Gas Dehydration Field Manual Whole Food: The 30 day Whole Food Ultimate Cookbook 100recipes (Whole Food Diet, Whole Food Cookbook, Whole Food Recipes, Clean Eating, Paleo, Ketogenic) The Food Service Professional Guide to Controlling Restaurant & Food Service Operating Costs (The Food Service Professional Guide to, 5) (The Food Service Professionals Guide To) Can it, Preserve it, Store it: Everything You Need to Know about Food Preservation Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) The Eyesight Improvement Cure: How To Improve Your Vision Naturally Without Glasses, Lenses Or Surgery (eyesight, eyesight improvement, eyesight improvement ... naturally, how to improve your vision) How to get Pregnant Naturally: how to conceive naturally and have a healthy pregnancy after 30 or less 30 Day Whole Food Challenge: Essentials Whole Food Recipes to Help You Lose Weight Naturally, Stay Healthy & Feel Great Fast & Fresh Baby Food Cookbook: 120 Ridiculously Simple and Naturally Wholesome Baby Food Recipes Fast and Fresh Baby Food Cookbook: 120 Ridiculously Simple and Naturally Wholesome Baby Food Recipes

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)